

Premium Exports

August 2012

a ministry of
Come Fill Your
Cup
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Rules? Whatever!

Our home has rules. The rules are often broken, re-arranged, stretched, modified, and broken again. But we have them, because our amazing God demands these rules to be in place in the Christian home. The rules of our home are shaping future believers, future servants in Christ Jesus. And even though I'm human, I try my best to imitate my Father and His expectations to my children in honor of the One who has set me free from the rule of sin.

Most Christian homes have rules as well. No running in the house. Respect others and yourself. These rules are great and teach wonderful manners, but as Christians, are we raising the bar with the way our home is run? Are we implementing Christ in the rules that we set in our homes?

I have decided to take the "whatever" approach to the rules in my home. Yeah, that's right, I want my children to do "whatever," whenever. Sound crazy? Maybe so, but I want my children to learn the "whatever" way of life, and think on it each and every day. I admit, I have not done this yet, but I am waiting for the light bulb moment to hit in the creativity department and have these "whatever" rules proudly displayed in my home as a reminder each and every day.

"Finally my brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things." Philippians 4:8

This verse has been an anchor for me when I think about the things I let into my home. If a magazine, movie, event, video game, or iPod app does not comply with this verse, it does not enter my home. This

verse got me thinking about the many rules I have in my home and how, at times, they are too hard to grasp. I have been struggling with this in my heart over the past few months of summer vacation. The rules I have in place for my home are just not working. Our home is frustrated and complicated with my rules and chore charts. Reading this verse again and again, it hit me. This verse needs to be our home rules. Everything I expect of myself, my husband, and my children is wrapped in this verse. I don't want us to just think upon these things, I want us to dwell on these things. Whatever is true- lying in my home is never an option. Whatever is honorable- take care of this home and the things, and people in it. Whatever is just- wrong doing will be punished. Whatever is pure- we will love and respect and honor each other in this home. Whatever is lovely- we will love with open hearts everyone who steps foot into our home. If anything is worthy of praise- if we see something that needs to be done, we will do it, without being asked. Do these things. That sounds nice doesn't it? Pair that verse with "You shall love the Lord your God with all your heart and all your soul and with all your strength, and with all your mind, and your neighbor as yourself" (Luke 10:26), and you have the whole duty of man wrapped into these two principles.

I feel as if we try so hard to run our homes in such a way that at times, the rules and the expectations are too hard for little hearts to follow. They forget, they rebel, they disobey. We need to keep our expectations simple. We need to help them develop a deep

By Ashley Hudson

love for the Father, a deep love for their neighbors, and do "whatever" to follow Him. We, as parents, must do these things as well, because if we do not follow these principles, then our children will not follow them. It is our duty to guard our hearts and minds in Christ Jesus, and to guard the hearts and minds of our children's heart in Him too.

I ask you to take a look, as I have, at the way you run your home. Simplify your home rules if needed, so that everyone may be able to follow them. Modify your home rules to match the commands of our Maker, and practice His just ways when the rules are broken. Our Christian homes are a haven from the world and its influences; do not let the world in. Keep your homes safe in His commands, and do not stand for anything that does not fall under the "whatever" rule.

"What you have learned and received and heard and seen in me- practice these things, and the God of peace will be with you." Philippians 4:9

CFYC Espresso! Podcast

Just Say NO! to Sin in Our Homes Aug 10

Somebody Help Me Please?! Aug 24

<http://comefillyourcup.com/cfyc-espresso-podcast>

Finer Grounds

Join us in our brand new in-depth study! We'll have a new book to study each quarter complete with printable study sheets for your own personal use or for sharing with friends in a ladies' class. New lessons come out every Tuesday and each study runs for 13 weeks (one quarter). Right now, **we're digging into 1 & 2 Peter**. Kristy Huntsman leads our study with thought-provoking questions and excellent exposition of the text. We also have an online discussion group on Facebook. Be sure to look us up and join in the fellowship.

To get all the information on Finer Grounds, check it out at...

<http://comefillyourcup.com/finer-grounds>

Let it Overflow

Your challenge is to encourage the young people in your congregation to be involved in worship. Help them learn to listen to the lesson by giving them key words to tune their ears for. Reward them with high-fives, candy or even prizes when they've done well during service. You can print the worksheet found at www.comefillyourcup.com or come up with your own idea, but the main point is to encourage those who are young as they learn how to worship. Focus in on encouraging your children or grandchildren, the children who sit on your pew, on your side of the building... encourage all the youth in your congregation! Get more details on this and other Let It Overflow challenges at...

<http://comefillyourcup.com/let-it-overflow>



Ministry of the Month

Alma Lee Fredman is an amazing woman of God; she was an elder's wife for over 25 years, her son and son-in-law are both ministers and even at 86 years young, she has made ministry a priority! She makes boxes and delivers them to those who use walkers. Each box hooks onto the front of the walker allowing the user to carry things around with them while using both hands on their walker. She has a partnership with Hospice and Home Health to deliver boxes every

other week. In each box she gives away personally she puts Gospel literature. This provides a great opportunity to follow-up and invite people to worship or talk to them about the Gospel. To date Sister Fredman has given away over 500 walker boxes.

For more information and a tutorial on how to make a walker box, go to...

<http://comefillyourcup.com/ministry-of-the-month>

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