

2 Timothy 1:7 (NKJV)



“For God has not given us a spirit of fear, but of power and of love and of a sound mind.”

My mind is constantly in tune with the encouraging wholesome thoughts that God desires for me. It is bright, joyful and enthusiastic trusting in God's plans and power.

Romans 12:21 (NKJV)



“Do not be overcome by evil, but overcome evil with good.”

I control the thoughts I choose. No thought can dwell in my mind without my approval or permission. I use God's powerful help to overtake malignant thoughts. They are replaced with godly wholesome reflections and prayerful action.

Psalms 19:14 (NKJV)



“Let the words of my mouth and the meditation of my heart Be acceptable in your sight, O Lord, my strength and my Redeemer.”

God is pleased when I keep my mind busy thinking on godly, healthy, constructive and productive thoughts. My Lord is glorified and I am strengthened.

2 Corinthians 10:5 (NKJV)



“casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ.”

With strength from the Almighty, I think in a decisive and determined way, destroying those thoughts which seek to tear away my relationship with Christ and others.

Romans 12:2 (NKJV)



“And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.”

I consciously choose what I think. I choose those thoughts which are the most encouraging and spiritually beneficial. This fine tuning of my mind brings about a greater likeness to my Lord Jesus Christ and helps me to know Him better.

Colossians 3:2 (NKJV)



“Set your mind on things above, not on things on the earth.”

I am in charge of my own pattern of thinking. I resolve to maintain my deliberate focus on those spiritual things that create and fulfill the best in me to honor and glorify God in Heaven.

This page is designed so that you can print it, cut out each box and paste onto individual 3”x5” cards. You can then carry those cards with you and read over them at various times each day, working to renew your mind. It is recommended that you read (aloud whenever possible) each card three times in a row, three times a day. The aim is less to memorize and more to saturate your mind with the word of God. Any questions can be sent to Editor@ComeFillYourCup.com

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